

# Volunteer Role Profile



Volunteer Role

**Volunteer Group Supporter - Evolve - West Hull**

Volunteer Manager

**Service Mentor**

Where you will be based

**Community**

## Why we want you

Evolve is the Hull Community Eating Disorder Service. Evolve offers outpatient and day service treatment. The service promotes eating disorder recovery and offer support and interventions in the Hull area to those aged 17 or over who are currently experiencing an eating disorder. The service enables people with eating disorders to access treatment in the community where appropriate. The objectives are; To provide experience of working within a mental health setting Increase awareness of mental health and specifically eating disorders To provide emotional support to patients. City Health Care Partnership CIC have obligations to ensure competence and safety and therefore the volunteer will be required to undertake statutory and mandatory training to undertake this role.

## What you will be doing

- Supporting with infection prevention for e.g., wiping down chairs and equipment.
- Preparing and setting up light refreshments
- Engaging with service users to motivate and reassure them
- Supporting and joining in with any sit-down activities such as a quiz, bingo and any arts and crafts
- Labelling food items and storing them in the correct place
- Supporting food safety processes e.g. checking labels on food and light cleaning duties

## The skills you need

- Enjoy conversation and meeting new people
- Can be sympathetic and understanding of patient's needs
- Can use their initiative as well as working under direction
- Can travel to the group venue independently

## What's in it for you

- To gain experience of working directly with patients as part of CHCP
- To increase your knowledge of health education and rehabilitation
- Make a difference and learn new skills
- Meet new people and gain confidence



- Be part of a community
- Take on a challenge and have fun!